



# MOBILE MEALS OF SOUTHERN ARIZONA

## UPDATED MAY 2026 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Important: Someone must be home to receive the delivery</b></p>				<p><b>1 W1, D5</b> Tuna and Pasta Casserole, Green Beans, Mandarin Oranges</p>
<p><b>4 W2, D1</b> Beef Stew, White Steamed Rice, 5-Way Veggies, Apple Slices</p>	<p><b>5 W2, D2</b> Meatballs with Cream Sauce, Herbed Egg Noodles, Capri Veggies, Mandarin Oranges</p>	<p><b>6 W2, D3</b> Chicken Enchiladas Casserole, California Blend Veggies, Apple Sauce</p>	<p><b>7 W2, D4</b> Dilled White Fish Creamy Orzo, Carrots, Pineapple</p>	<p><b>8 W2, D5</b> Meatloaf, Green Beans, Mandarin Oranges</p>
<p><b>11 W3, D1</b> Herb Roasted Chicken Breast. Roasted Red Potatoes, 5-Way Veggies, Apple Slices</p>	<p><b>12 W3, D2</b> Pork Loin with Cranberry Sauce, Brown Rice, Capri Veggies, Mandarin Oranges</p>	<p><b>13 W3, D3</b> Stuffed Green Peppers, California Blend Veggies, Apple Sauce</p>	<p><b>14 W3, D4</b> Meatballs with Cream Sauce, Herbed Lemon Quinoa, Carrots, Pineapple</p>	<p><b>15 W3, D5</b> Chicken Fajitas with Pineapple Salsa, Green Beans, Mandarin Oranges</p>
<p><b>18 W4, D1</b> Lemon Chicken, White Rice, 5-Way Veggies, Apple Slices</p>	<p><b>19 W4, D2</b> Meatloaf, Green Peas, Capri Veggies, Mandarin Oranges</p>	<p><b>20 W4, D3</b> Chicken Feta Pasta with Asparagus, California Blend Veggies, Apple Sauce</p>	<p><b>21 W4, D4</b> Beef &amp; Broccoli Stir Fry, Brown Rice, Carrots, Pineapple</p>	<p><b>22 W4, D5</b> Texas-Style Chili over Rice, Green Beans, Mandarin Oranges</p>
<p><b>25 W1, D1</b> <b>CLOSED FOR MEMORIAL DAY</b></p>	<p><b>26 W1, D2</b> Classic Sloppy Joe, Capri Veggies, Mandarin Oranges</p>	<p><b>27 W1, D3</b> <b>Heat &amp; Serve:</b> Grilled White Fish, Brown Rice, California Blend Veggies, Apple Sauce</p>	<p><b>28 W1, D4</b> <b>Heat &amp; Serve:</b> White Chicken Lasagna, Carrots, Pineapple</p>	<p><b>29 W1, D5</b> <b>Heat &amp; Serve:</b> Tuna and Pasta Casserole, Green Beans, Mandarin Oranges</p>

The Chef's Choice Subscription is the Heat & Serve meal. Meals may vary based on availability or other production factors.

Questions? Visit our website at [www.mobilemealsSoAz.org](http://www.mobilemealsSoAz.org) or call at (520) 622-1600.