



# Special Delivery

A NEWSLETTER FOR CLIENTS OF MOBILE MEALS OF SOUTHERN ARIZONA

## From Our Kitchen to Your Table...Gratitude!

Dear Friends:

Thanksgiving is near, and your friends at Mobile Meals are preparing each delivery with extra care, community spirit and heartfelt gratitude—for you.

Here's what we know: Each weekday meal, delivered by our dedicated volunteers, will nourish more than just the body. It will spark connection—quietly, powerfully—throughout our Tucson community.

**Mobile Meals works hard to ensure each nutritious meal involved in that connection brightens your day and supports your health and well-being.**

As this special season of giving approaches, Mobile Meals is also looking ahead to **Giving Tuesday on December 2**—a national day of generosity and connection. Whether it's a small donation, a few hours of volunteering, or simply sharing the message, **every effort or donation will matter!** Together, we want to continue building our community of neighborly care that reaches all older adults who face limited access to nutrition.

Every day—but especially as we near the close of 2025—we want to hear **from you**. Your voice helps us grow! And your involvement keeps those ripples of connection going—toward a future where one meal can uplift a life, and where every person plays a part in creating quality of life.

--L'Don Sawyer, CEO

## SPECIAL THANKSGIVING MEAL AVAILABLE

**For our Kolb, 6th Avenue & Green Valley customers:**

Are you looking forward to a festive, nutritious holiday feast? Mobile Meals will serve a special Thanksgiving meal, **delivered frozen on Wednesday, November 26** alongside regular orders.

Each holiday meal includes: Turkey with dressing, mashed potatoes, seasonal vegetable, water or milk and holiday cookie.

**Cost: \$5 per meal.**

**Limit: 1 meal per person**

Availability: Our kitchen will prepare only 150 meals—first come, first served!

Reserve your holiday meal: Call Mobile Meals office: **(520) 622-1600** as soon as possible.

### **Meals, Miles, Moments:**

**The Mobile Meals Ripple Effect**

**In FY 2024-2025...**

**199** volunteers

donated **15,500** hours,

driving **161,000** miles

across **6,804** routes

to deliver **90,000** meals

to **796** clients

## December 2025

Place orders  
at the beginning  
of each month.  
All meals made fresh daily.

Choose as many  
Heat & Serve and/or  
Ready-to-Eat entrees as you  
want for each day.  
Select your beverage/  
complimentary sweet with  
each entrée!

**Our Delivery Windows:**  
Tucson: 10:30am - 12:30pm  
Green Valley: 9:30am - 1pm

If you have a friend  
who can benefit from our  
nutritious, tasty meals,  
please tell them about  
Mobile Meals.

Phone referrals accepted.

HelpLine: 520-622-1600

Or apply through  
the website:  
[mobilemealssoaz.org](http://mobilemealssoaz.org)

## Upcoming Holidays

**Mobile Meals Is Open:**  
Day-after-Christmas, Dec. 26

**No Meal Deliveries:**  
Thanksgiving Day, Nov. 27  
Day-after-Thanksgiving, Nov. 28  
Christmas Day, Dec. 25