



# Volunteer Voices

*Thank you for all that you do!*

## Celebrate 2025's Successes!

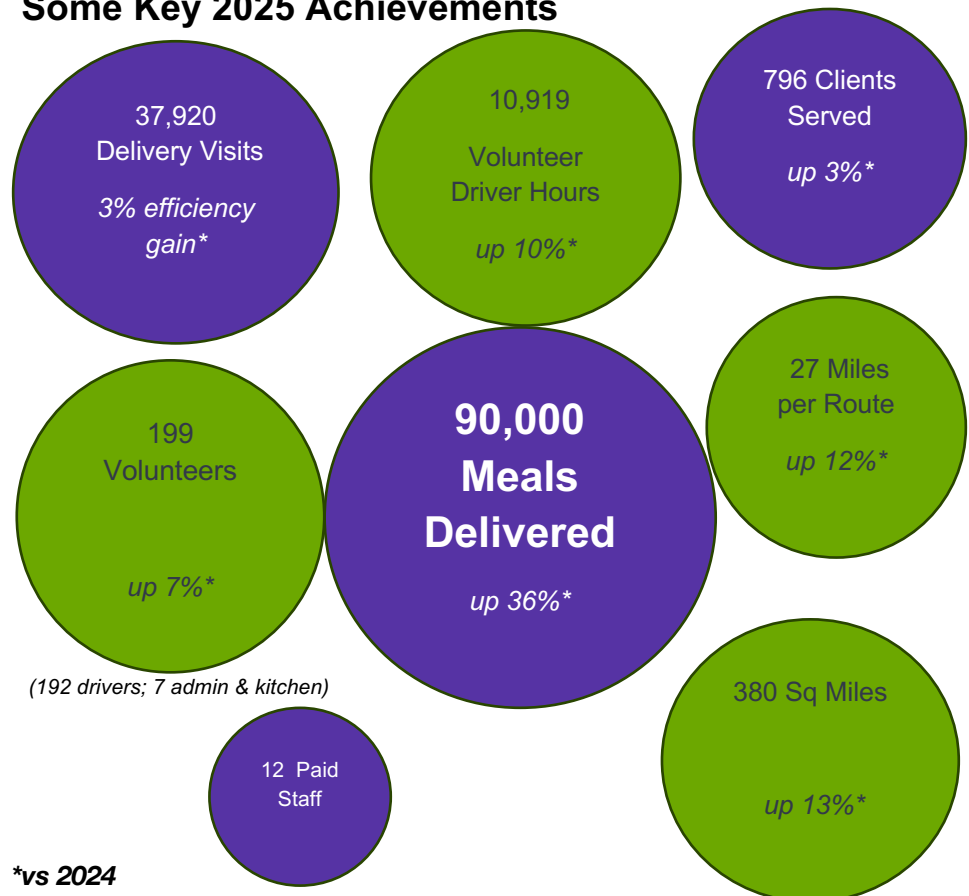
*Thanks to volunteers and staff, MMSA exceeded expectations*

We, the volunteers, want to extend a big "Thank You!" to the Mobile Meals of Southern Arizona staff for guiding us all through a stressful but successful year in 2025. The community was shaken up a bit by funding changes and financial insecurities, but MMSA held strong, thanks to the leadership of L'Don Sawyer and the amazing team she has assembled and nurtured. Thank you all for your support and heart, as we all—staff *and* volunteers—continue to work to ensure that our community has fewer food-insecure residents, and that the homebound among them get friendly, frequent well-being checks.

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- Success is in the Numbers for 2025
- MDS Tips: resetting the password
- Numbers to Program into your Phone
- No Answer at the Door?
- MMSA Volunteers' Holiday Party in Pictures
- Join Office Hours: Last Friday of Each Month at 2:00pm

### Some Key 2025 Achievements



\*vs 2024

### Upcoming Holidays

#### No Meal Deliveries:

- Memorial Day  
May 25, 2026
- Independence Day  
July 3, 2026 (observed)

### Program these Numbers into Your Phone:



When you run into questions or issues, here's who to call:

#### **Driver Scheduling, Mileage Reimbursement, MDS and Availability:**

Henry Gorton: 520-622-2593

#### **Client Concerns, Volunteer Policies and Documentation:**

Tara McCarthy: (520)622-1600

Volunteer Hotline (text or call):  
(520)222-9878

#### **Kitchen Scheduling:**

Annette Pena (please text):  
(520)336-4245

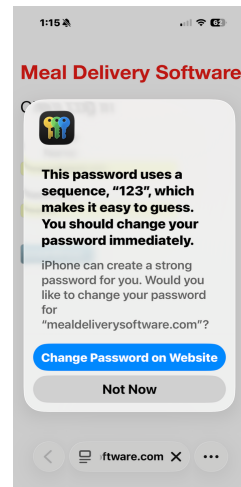
#### **Everything Else:**

MMSA Main #: (520)622-1600

*\*Office Hours are 8am-3pm*

### MDS Passwords

Whether iPhone or Android, when you open MDS to start deliveries, your phone's operating system might prompt you to change the password. Wondering how that's done? MDS passwords can only be reset by administrators, so bypass the reset prompt temporarily, and contact Henry Gorton or Tara McCarthy for help setting a new password for you.



### No Answer? What to Do...

Food is medicine—as is the contact that we make when we deliver it. If a client doesn't answer when we come to deliver a meal, that can signify a problem, or it could simply be that the client is out of range of the doorbell, moves slowly, or has a hearing issue. Check the delivery notes, and proceed as follows if no one answers the door when you bring a delivery, be



patient. Many clients have mobility issues, but if there's no answer after waiting a bit, call the client phone number (it is in the MDS listing and on the meal hang-tag). If you get voicemail, leave a message informing them that you are at the door to deliver their meal(s). What next? Call the MMSA office at (520)622-1600 to let a staff member know. Wait while staff attempts to contact the client or their emergency contact. If they, too, are unsuccessful reaching the client, they will instruct you on what to do. Be sure to leave a "Sorry we missed you" slip (available at your pickup location—keep some in your car) at the client's door.

### What Volunteer Opportunities are Available?

See the up-to-date list of volunteer needs at <https://mobilemealssoaz.org/volunteer-mobile-meals/>



Scan the QR code for easy access.

Job descriptions for the various volunteer opportunities are available on the website!

*Nourishing Tucson & Southern Arizona*

# In Touch

*Keeping in Touch with Staff and Fellow Volunteers*



Mobile Meals of Southern Arizona CEO, L'Don Sawyer

## Office Hours

### Monthly Volunteer Chat with CEO, L'Don Sawyer

Join the Zoom Meeting on the last Friday of each month at 2:00 MST.  
<https://us06web.zoom.us/j/87876027466?pwd=udUBCyWW6XUS6OqXgNotAHF2OI6u5u.1>

**Meeting ID:** 878 7602 7466  
**Passcode:** 728262

### MMSA Staff Contact: 520-622-1600

L'Don Sawyer, CEO:  
[ldon@mobilemealssoaz.org](mailto:ldon@mobilemealssoaz.org)

Henry Gorton, Program Coord:  
[henry@mobilemealssoaz.org](mailto:henry@mobilemealssoaz.org)

Tara McCarthy, Volunteer Coord:  
[tara@mobilemealssoaz.org](mailto:tara@mobilemealssoaz.org)

Stella Montante, Assistant (pt):  
[admin@mobilemealssoaz.org](mailto:admin@mobilemealssoaz.org)

Tomas Smith, Process Improvement Director:  
[director@mobilemealssoaz.org](mailto:director@mobilemealssoaz.org)

**After-hours Volunteer cell: 520-222-9878**

## Celebrating a Successful 2025: The MMSA Volunteers Holiday Party



The MMSA all-electric delivery van marked the spot for the volunteers' holiday celebration at UA Tech Park at the Bridges on Dec 4



Talented kitchen staff put together a beautiful buffet



Volunteers, members of the Board of Directors, and MMSA staff enjoyed the opportunity to visit, compare notes and share ideas—along with celebrating the successes of 2025!

**Thanks to all! MMSA has an amazing network of caring individuals!**