



Volunteer Voices

Thank you for all that you do!

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Upcoming Holidays: No Meal Deliveries

- Memorial Day, May 26
- Independence Day, July 4
- Labor Day, September 1

It's National Volunteer Week!

...and none are better than ours

There's a whole lot that goes into planning, preparing and delivering healthy meals to our clients across the Tucson Metro area, and it's our volunteers who really make it possible. Numbered right now at 186 dedicated, caring individuals, Mobile Meals of Southern Arizona's volunteers keep the program running. Volunteers help with administrative work and planning; they help in the kitchen; they help with community outreach; and they deliver the delicious, nutritious meals that are prepared in Mobile Meals' kitchen on South Sixth Avenue.



While we are constantly aware of and thankful for your contributions, we want to take a moment to focus on your contribution. While Mobile Meals has a small staff, our contribution is large because of you—the volunteers.

THANK YOU!!

Volunteer Fair

Join us April 24th at the Reid Park Zoo

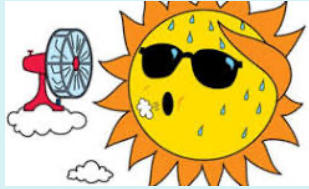
Celebrate Global Volunteer Month with us at the SAVMA Volunteer Fair at Reid Park Zoo on Thursday, April 24th from 4:30-6:30 pm. Entry is free, and there will be live music, animal encounters, and more.

Visit the Mobile Meals of Southern Arizona booth and meet-up with fellow volunteers!

The Drive

...think safety first when delivering to clients

It's Heating Up!



Please remember—and remind your clients—that we cannot leave meals outside their doors if they're not available to receive them. This is a food safety issue. It's never ok, but it's especially dangerous in the warm weather. Meals must be handed to a person.

Thank You Melissa!

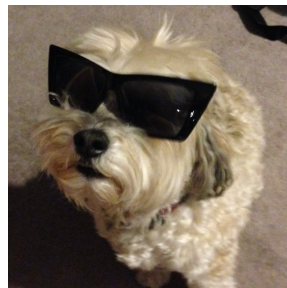
While we are very sad to see Melissa Hernandez leave us, we are grateful for all that she did to get the food preparation operation off the ground at Mobile Meals of Southern Arizona. We wish Melissa the best as she puts her big heart to the task of helping a family member in need.

Dave Sullivan is taking the reins as Manager of Food Services, starting April 14th. We'll share more about Dave in the next newsletter, but do stop in to say hello if you get a chance.

Delivery Hazards

Dealing with Dogs and Other Obstacles

While the food we deliver is instrumental to the health and well-being of our clients, many also rely on the love and comfort they receive from their pets. Many of us who deliver food have gotten to know and love the dogs who greet us when we arrive as well. Some dogs, though, are very protective, so it's important to take care when approaching a client's door, especially when a dog is behaving aggressively. If you feel threatened—whether by a pet, an environmental hazard or a person—keep in mind that your safety needs to take priority. Get yourself to a safe place, then call the client to ask them to remedy the situation (e.g.;



contain the pet). Let the office know about any such challenges so that they can add a delivery note for other drivers. And, of course, if something bad does happen (a dog bite, a fall or another adverse event), get any emergency help you need, then call the office as soon as possible to report the event so that we can help you through it, and help keep it from happening again—to you or another driver.

Above all, be safe!

Volunteers Needed

There is always need for additional drivers. We're growing our client rolls, so the need for more drivers continues. And, in summer, we're always losing a few snowbirds, temporarily. Other opportunities include visiting clients and helping with meal orders, packaging food and bagging meals for delivery and community outreach. Encourage your friends to volunteer!

MDS Mastery Ride-Along

We now offer two kinds of ride-alongs: new driver orientation and MDS mastery ride-alongs! If you aren't yet comfortable using Meal Delivery Software (MDS), try a delivery run with one of our super-users. **Contact Henry Gorton to arrange a ride-along:** email henry@mobilemealsoaz.org or call (520) 622-2593.

In Touch

Communicating with Staff and Fellow Volunteers



Mobile Meals of Southern Arizona CEO, L'Don Sawyer

Office Hours

Monthly Volunteer Chat with CEO, L'Don Sawyer

Join the Zoom Meeting
on the last Friday of each
month at 2:00 MST.

**April office hours postponed to
Friday, May 2**

<https://us06web.zoom.us/j/87876027466?pwd=udUBCyWW6XUS6OqXgNotAHF2OI6u5u.1>

Meeting ID: 878 7602 7466
Passcode: 728262

Tips & Links

Clients & Ordering

If you suspect that a client is
having trouble ordering
meals, call us at

520-622-1600

We will have a volunteer
reach out to help them.
Meals can be delivered as
soon as 5 days after the order
is placed.

Who's Who at MMSA

...and how to reach them

L'Don Sawyer, CEO: ldon@mobilemealssoaz.org

Henry Gorton, Program Coordinator: henry@mobilemealssoaz.org

Tara McCarthy, Program Coordinator Assistant:
tara@mobilemealssoaz.org

Stella Montante, Assistant (pt): admin@mobilemealssoaz.org

Sonia Placencio, Accountant: accounting@mobilemealssoaz.org

Tomas Smith, Process Improvement Director:
driver@mobilemealssoaz.org

Dave Sullivan, Food Services Manager:
chef@mobilemealssoaz.org

**Reach any of the team by phone at the
MMSA office: 520-622-1600**

Volunteer Ambassadors

Share experiences and get guidance from your peers

Tyna Callahan – delivers meals and edits the *Volunteer Voice*

Art Evans – delivers meals

Richard Keith – advises

Paul Roy – delivers meals

Sue Wells – delivers meals and crunches numbers

Volunteer Ambassadors are volunteers ourselves, here to help
other volunteers, and, by extension, Mobile Meals' clients.
Connect with any of us to ask advice, provide feedback, make
requests and voice any concerns you may have. Just call MMSA
at 520-622-1600 or email admin@mobilemealssoaz.org
to connect.

Feedback?

**Your questions, comments and suggestions will help the
volunteer program evolve and form the content for future
newsletters!**