

## *fresh food made daily*

**WEEK ONE** Choose from one of three daily entrees

**MONDAY CHOICE** milk & dessert included if you choose

- Beef Lasagna, Fresh Green Beans, Baked Tomato
- Chicken Caesar Salad, Fresh Green Beans, Baked Tomato
- Turkey Croissant, Fresh Green Beans, Fresh Fruit
- *Dessert* – Cannoli
- Milk

**TUESDAY CHOICE**

- Green Chicken Enchiladas, Calabacitas, Mexican Rice
- Southwest Chicken Salad, Calabacitas
- Turkey Croissant, Calabacitas, Fresh Fruit
- *Dessert* – Tres Leches Cake
- Milk

**WEDNESDAY CHOICE**

- Cheeseburger, Oven Roasted Vegetables, Macaroni Salad
- Chef Salad, Oven Roasted Vegetables, Fresh Fruit
- Ham & Cheese Sandwich, Oven Roasted Vegetables, Fresh Fruit
- *Dessert* – Fruit Tart
- Milk

**THURSDAY CHOICE**

- Beef Skewers, French Carrot Salad, Potato Salad
- Crispy Coconut Chicken Salad, French Carrot Salad, Fresh Fruit
- BLT Sandwich, French Carrot Salad, Fresh Fruit
- *Dessert* – Peach Cobbler
- Milk

**FRIDAY CHOICE**

- Beef and Beans Chili, Glazed Carrots, Corn Bread
- Asian Chicken Salad, Glazed Carrots
- Egg Salad Sandwich, Glazed Carrots, Fresh Fruit
- *Dessert* – Chocolate Cupcake
- Milk

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**WEEK TWO** Choose from one of three daily entrees

**MONDAY CHOICE** milk & dessert included if you choose

- Chicken Fajitas, Cauliflower, Cilantro Rice
- Taco Salad, Cauliflower, Cilantro Rice
- Ham & Cheese Croissant, Cauliflower, Fresh Fruit
- *Dessert* – Fig Empanada
- Milk

**TUESDAY CHOICE**

- BBQ Chicken, Peas, Mashed Potatoes
- Orzo Spinach Salad, Peas, Fresh Fruit
- Chicken Salad Sandwich, Peas, Fresh Fruit
- *Dessert* – Mix Berry Crisp
- Milk

**WEDNESDAY CHOICE**

- Beef Stuffed Bell Pepper, Buttered Corn, Oven Roasted Potatoes
- BBQ Chicken Salad, Buttered Corn, Fresh Fruit
- Tuna Sandwich, Buttered Corn, Fresh Fruit
- *Dessert* – Cheesecake Whip
- Milk

**THURSDAY CHOICE**

- Chicken Pot Pie, Stewed Tomatoes, Fresh Green Beans
- Chicken Cilantro Cream Pasta Salad, Fresh Green Beans, Fresh Fruit
- Turkey Pastrami Sandwich, Fresh Green Beans, Fresh Fruit
- *Dessert* – Banana Pudding
- Milk

**FRIDAY CHOICE**

- Teriyaki Pork, Stir Fry Vegetables, Fried Rice
- Mandarin Chicken Salad, Stir Fry Vegetables, Fresh Fruit
- Egg Salad Sandwich, Stir Fry Vegetables, Fresh Fruit
- *Dessert* – Coconut Tapioca
- Milk



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**WEEK THREE** Choose from one of three daily entrees

**MONDAY CHOICE** milk & dessert included if you choose

- Smothered Chicken, Sautéed Carrots, Mashed Potatoes
- Roasted Tomato Turkey Sandwich, Sautéed Carrots, Fresh Fruit
- Italian Antipasto Salad, Sautéed Carrots, Fresh Fruit
- *Dessert* – Fruit Cobbler
- Milk

**TUESDAY CHOICE**

- Buttered Chicken, Sautéed Vegetables, Steamed Rice
- Ham & Cheese Sandwich, Sautéed Vegetables, Fresh Fruit
- Garbanzo Bean Salad, Sautéed Vegetables, Fresh Fruit
- *Dessert* – Chocolate Whip
- Milk

**WEDNESDAY CHOICE**

- Chicken Alfredo, Yellow Squash, Rosemary Garlic Bread
- Classic Italian Sandwich, Yellow Squash, Fresh Fruit
- Chicken Caesar Salad, Rosemary Garlic Bread, Fresh Fruit
- *Dessert* – Fresh Chocolate Chip Cookie
- Milk

**THURSDAY CHOICE**

- Salisbury Steak, Sautéed Cabbage, Homestyle Potatoes
- Turkey & Cheese Croissant, Sautéed Cabbage, Fresh Fruit
- Greek Chicken Salad, Homestyle Potatoes, Fresh Fruit
- *Dessert* – Strawberry Cupcake
- Milk

**FRIDAY CHOICE**

- Chicken Tacos, Calabacitas, Mexican Rice
- Chicken Salad Sandwich, Calabacitas, Fresh Fruit
- Sofrito Salad, Calabacitas, Fresh Fruit
- *Dessert* – Ambrosia
- Milk



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**WEEK FOUR** Choose from one of three daily entrees

**MONDAY CHOICE** milk & dessert included if you choose

- Chicken Casserole, Baked Cauliflower, Sweet Potatoes
- Sweet Potato Quinoa Salad, Baked Cauliflower, Fresh Fruit
- PB&J, Baked Cauliflower, Sweet Potatoes, Fresh Fruit
- *Dessert* – Jello Cake
- Milk

**TUESDAY CHOICE**

- Creole Beef, Green Bean Casserole, Cheddar Cheese Grits
- Buffalo Chicken Salad, Green Bean Casserole, Fresh Fruit
- Ham & Cheese Sandwich, Green Bean Casserole, Fresh Fruit
- *Dessert* – Bread Pudding
- Milk

**WEDNESDAY CHOICE**

- Chicken & Dumplings, Mixed Vegetables, Scalloped Potatoes
- Deviled Egg Salad with Greens, Mixed Vegetables, Fresh Fruit
- Mexican Chicken Salad, Mixed Vegetables, Fresh Fruit
- *Dessert* – Sweet Potato Casserole
- Milk

**THURSDAY CHOICE**

- Swedish Meatballs, Sautéed Squash, Mashed Potatoes
- Waldorf Salad, Sautéed Squash
- Tuna Salad Sandwich, Sautéed Squash, Fresh Fruit
- *Dessert* – Flan
- Milk

**FRIDAY CHOICE**

- Lemon Butter Baked Tilapia, Sautéed Vegetables, Brown Rice
- Chicken Coconut Salad, Sautéed Vegetables
- Chicken Salad Sandwich, Sautéed Vegetables, Fresh Fruit
- *Dessert* – Pineapple Upside Down Cake
- Milk



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**WEEK FIVE** Choose from one of three daily entrees

**MONDAY CHOICE** milk & dessert included if you choose

- Salisbury Steak, Oven Roasted Vegetables, Mashed Potatoes
- BLT Salad, Oven Roasted Vegetables, Fresh Fruit
- Cucumber Sandwich, Oven Roasted Vegetables, Fresh Fruit
- *Dessert* – Rice Pudding
- Milk

**TUESDAY CHOICE**

- Chicken Parmesan, Fresh Green Beans, Buttered Noodles
- Italian Salad, Fresh Green Beans, Fresh Fruit
- Meatball Sub, Fresh Green Beans, Fresh Fruit
- *Dessert* – Cannoli
- Milk

**WEDNESDAY CHOICE**

- Fish Tacos, Coleslaw, Rice Pilaf
- Strawberry Spinach Salad, Fresh Vegetables, Fresh Fruit
- BBQ Chicken Sandwich, Coleslaw, Fresh Fruit
- *Dessert* – Berry Cheesecake Whip
- Milk

**THURSDAY CHOICE**

- Chicken ala King, Baked Carrots, Roasted Potatoes
- Mandarin Chicken Asian Salad, Baked Carrots, Fresh Fruit
- Tuna Sandwich, Baked Carrots, Fresh Fruit
- *Dessert* – Apple Crisp
- Milk

**FRIDAY CHOICE**

- Cheeseburger, Broccoli, Baked Beans
- Chef Salad, Broccoli, Fresh Fruit
- Grilled Chicken Sandwich, Broccoli, Fresh Fruit
- *Dessert* – Sweet Potato Tart
- Milk



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