

Mobile Meals Spinach Salad Recipe



Ingredients

- 5 ounces fresh baby spinach
- 2 small apples, cored and thinly sliced
- Half of a small red onion, thinly sliced
- 1/2 cup chopped walnuts, toasted
- 1/3 cup dried cranberries
- 3 ounces crumbled goat cheese

Method

Toss spinach, apples, red onions, walnuts, and cranberries together in a non-reactive bowl with ¼ Cup of vinaigrette dressing and top with crumbled goat cheese.

Serves: 4